

My story is very unique. ~~It .My story~~ has lots of twists and turns in it, ~~y- and yet~~ no matter what I went through, I never let any of that stop me from becoming who I am today. I could have chosen to sit down and die, ~~t- To remain stagnante. Tostagnant, to~~ use my humble beginnings as an excuse to stay where I was. ~~But i~~ Instead, I chose to get up and change things. Just because I was born and raised in poverty ~~that~~ didn't mean that I had to remain there for the rest off my life. ~~TAnd~~ that doesn't mean ~~that~~ I didn't make any mistakes along the way because I did. I made a lot of mistakes. ~~For a long time, -Some that~~ I was ~~ashamed~~ ~~ashamed~~ of ~~some of them, but I'm not.~~ ~~Well I was ashamed of them but I am not ashamed~~ anymore. ~~N~~ ~~because~~ no one can hold me hostage to my truth. ~~and no one can hold anything I've ever done over my head because~~ I'll tell ~~on myself tell the whole truth~~ on myself before I let anyone blackmail me with my truth.

~~Many~~ ~~What I'm saying is so many~~ people told me I should tell my story and finally, I decided to do it. ~~So I in this book~~ am going to tell you my story. All of it, even the ugly parts that I'm not proud of, ~~because~~ I want you to learn from me and be better. ~~m~~ My lows were very low and it seemed like I'd be there forever ~~but I wasn't~~. My highs were very high and it would have been easy to become arrogant, ~~and forget~~ ~~forgetting~~ where I came from ~~but I didn't~~. ~~Instead~~ ~~Instead~~, I've ~~choosen~~ ~~chose~~ to ~~live~~ ~~life~~ a life ~~full~~ of balance. ~~T~~ ~~and~~ that balance ~~only~~ comes from God. Without him, there's no way I'd ~~where I am today or still~~ ~~still be~~ ~~be~~ in my right mind ~~today and without him in my life I know i wouldn't be where I am today.~~

I'm writing this book to teach ~~you~~ ~~others~~ how to move from a place of poverty and pain spiritually, physically, ~~meantally~~ ~~mentally~~, ~~and~~ financially, and fully come ~~into~~ healing from the traumas of ~~your~~ ~~their~~ past. ~~You~~ ~~because they~~ no longer have to remain hostage to the things

youthey've been though. Everyone deserves freedom and I want to show you how I got mine so  
you can get yours, to.